



# Fourth Sunday in Ordinary Time

January 31, 2021

Saint Francis of Assisi Catholic Church

Apopka, Florida

## Before Mass

Next week we will begin singing a different musical setting of the Eucharistic Prayer acclamations during Mass. This week before Mass, the choir/cantor will sing through each new acclamation twice. Please listen the first time, and then try singing along the second time.

### Holy from "Mass of Redemption"

Ho - ly, Ho - ly, Ho - ly Lord God of hosts.  
Heav'n and earth are full of your glo - ry. Ho -  
san-na, ho - san - na, ho - san-na in the high - est.  
Bless-ed is he who comes in the name of the Lord. Ho -  
san-na, ho - san - na, ho - san-na in the high - est. —

Text © 2010, ICEL

Steven R. Janco  
Music © 1999, 2010, WLP

### Mystery of Faith C from "Mass of Redemption"

Save us, Sav - ior of the world, for by your  
Cross and Res - ur - rec - tion you have set us free.

Text © 2010, ICEL

Steven R. Janco  
Music © 2010, WLP

Amen from "Mass of Redemption"

The musical score is written on a single staff in treble clef, with a key signature of one sharp (F#) and a time signature of 8/8. The melody begins with a quarter note G4, followed by a dotted quarter note A4, and a quarter note B4. The first ending, marked '1.', consists of a quarter note C5, a quarter note B4, a quarter note A4, and a quarter note G4, all beamed together. The second ending, marked '2.', consists of a quarter note G4, a quarter note F#4, a quarter note E4, and a quarter note D4, all beamed together. The piece concludes with a final quarter note D4. The lyrics 'A-men, a-men, a - men. a - men.' are positioned below the staff, with hyphens under 'a' and 'men' in the second phrase to indicate a long note.

Steven R. Janco  
Music © 1999, WLP

## The Introductory Rites

### Entrance Chant

#### Praise to the Lord, the Almighty



1. Praise to the Lord, the Al - might - y, the King of cre -  
2. Praise to the Lord, who o'er all things is won - drous - ly  
3. Praise to the Lord, who will pros - per your work and de -  
4. Praise to the Lord! O let all that is in me a -



a - tion! O my soul, praise him, for  
reign - ing And, as on wings of an  
fend you; Sure - ly his good - ness and  
dore him! All that has life and breath,



he is your health and sal - va - tion!  
ea - gle, up - lift - ing, sus - tain - ing.  
mer - cy shall dai - ly at - tend you.  
come now with prais - es be - fore him!



All you who hear, Now to his tem - ple draw near.  
Have you not seen All you have need - ed has been  
Pon - der a - new What the Al - might - y can do,  
Let the "A - men" Sound from his peo - ple a - gain!



Praise him in glad ad - o - ra - tion!  
Met by his gra - cious or - dain - ing?  
Who with his love does be - friend you.  
Glad - ly with praise we a - dore him!

## Greeting

### Penitential Act

I confess to almighty God  
and to you my brothers and sisters  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done, and in what I have failed to do;  
through my fault, through my fault,  
through my most grievous fault;  
therefore I ask blessed Mary, ever Virgin,  
all the Angels and Saints,  
and you my brothers and sisters  
to pray for me to the Lord our God.

May almighty God have mercy on us, forgive us our sins,  
and bring us to everlasting life.

**R. Amen.**

### Kyrie

*Cantor* *All*  
Ky-ri-e, e - le - i - son. Ky-ri-e, e - le - i - son.  
Lord, — have mer - cy. Lord, — have mer - cy.

*Cantor* *All*  
Chri - ste, e - le - i - son. Chri - ste, e - le - i - son.  
Christ, — have mer - cy. Christ, — have mer - cy.

*Cantor* *All*  
Ky-ri-e, e - le - i - son. Ky-ri-e, e - le - i - son.  
Lord, — have mer - cy. Lord, — have mer - cy.

## Gloria

Glo - ry to God in the high - est, and on earth peace to  
peo - ple of good will. We praise you, we bless you, we a -  
dore you, we glo - ri - fy you, we give you thanks for  
your great glo - ry, Lord God, heav - en - ly King, O  
God, al - might - y Fa - ther. Lord Je - sus Christ,  
On - ly Be - got - ten Son, Lord God, Lamb of God, Son of the Fa - ther,  
you take a - way the sins of the world, have mer - cy on  
us; you take a - way the sins of the world, re - ceive our  
prayer; you are seat - ed at the right hand of the Fa - ther,  
have mer - cy on us. For you a - lone are the  
Ho - ly One, you a - lone are the Lord, you a - lone are the

Most High, Je - sus Christ, with the Ho - ly Spir - it, in the  
glo-ry of God the Fa - ther. A - men.

**Collect**

## The Liturgy of the Word

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**First Reading:** Deuteronomy 18:15-20

Moses spoke to all the people, saying: "A prophet like me will the LORD, your God, raise up for you from among your own kin; to him you shall listen. This is exactly what you requested of the LORD, your God, at Horeb on the day of the assembly, when you said, 'Let us not again hear the voice of the LORD, our God, nor see this great fire any more, lest we die.' And the LORD said to me, 'This was well said. I will raise up for them a prophet like you from among their kin, and will put my words into his mouth; he shall tell them all that I command him. Whoever will not listen to my words which he speaks in my name, I myself will make him answer for it. But if a prophet presumes to speak in my name an oracle that I have not commanded him to speak, or speaks in the name of other gods, he shall die.'"

The word of the Lord.

**R. Thanks be to God.**

**Responsorial Psalm: Psalm 95:1-2, 6-7, 7-9**



If to - day you hear his voice, hard-en not your hearts.

Come, let us ring out our joy to the  
LORD;  
hail the rock who saves us.

Let us come into his presence, giving  
thanks;  
let us hail him with a song of  
praise. R̄.

O come; let us bow and bend low.  
Let us kneel before the God who  
made us,  
for he is our God and we

the people who belong to his pasture,  
the flock that is led by his  
hand. R̄.

O that today you would listen to his  
voice!  
“Harden not your hearts as at Meribah,  
as on that day at Massah in the  
desert  
when your forebears put me to the test;  
when they tried me, though they saw  
my work.” R̄.

Text: *The Revised Grail Psalms*. © 2010, Conception Abbey and The Grail, admin. by GIA Publications, Inc.;  
refrain tr. © 1969, ICEL  
Music: Michel Guimont, © 1994, GIA Publications, Inc.

**Second Reading: 1 Corinthians 7:32-35**

Brothers and sisters: I should like you to be free of anxieties. An unmarried man is anxious about the things of the Lord, how he may please the Lord. But a married man is anxious about the things of the world, how he may please his wife, and he is divided. An unmarried woman or a virgin is anxious about the things of the Lord, so that she may be holy in both body and spirit. A married woman, on the other hand, is anxious about the things of the world, how she may please her husband. I am telling you this for your own benefit, not to impose a restraint upon you, but for the sake of propriety and adherence to the Lord without distraction.

The word of the Lord.  
**R. Thanks be to God.**

## Alleluia

Refrain

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia. Al - le -  
lu - ia, al - le - lu - ia, al - le - lu - ia.

Music: *Mass of Joy and Peace*, Tony E. Alonso, © 2010, GIA Publications, Inc.

## Gospel: Mark 1:21-28

Then they came to Capernaum, and on the sabbath Jesus entered the synagogue and taught. The people were astonished at his teaching, for he taught them as one having authority and not as the scribes. In their synagogue was a man with an unclean spirit; he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are—the Holy One of God!" Jesus rebuked him and said, "Quiet! Come out of him!" The unclean spirit convulsed him and with a loud cry came out of him. All were amazed and asked one another, "What is this? A new teaching with authority. He commands even the unclean spirits and they obey him." His fame spread everywhere throughout the whole region of Galilee.

The Gospel of the Lord.

**R. Praise to you, Lord Jesus Christ.**

## Homily

## Profession of Faith

I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,  
*All bow at the following words up to: and became man.*  
and by the Holy Spirit was incarnate of the Virgin Mary,  
and became man.

For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and glorified,  
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

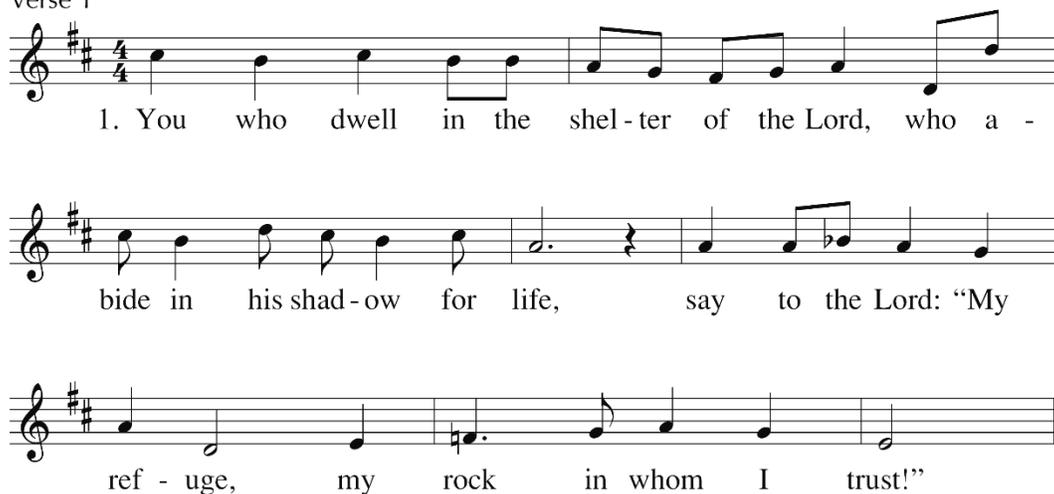
## Universal Prayer (Prayers of the Faithful)

# The Liturgy of the Eucharist

## Presentation and Preparation of the Gifts

### On Eagle's Wings

#### Verse 1



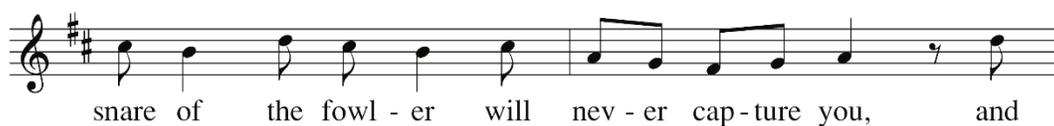
1. You who dwell in the shel-ter of the Lord, who a -  
bide in his shad-ow for life, say to the Lord: "My  
ref - uge, my rock in whom I trust!"

#### Refrain



And he will raise you up on ea - gle's wings, bear you on the  
breath of dawn, make you to shine like the sun, and  
hold you in the palm of his hand. *Last time to Coda*  $\oplus$  *To verses*  
2. The

#### Verse 2



snare of the fowl - er will nev - er cap - ture you, and

fam-ine will bring you no fear: un-der his wings your

ref-uge, his faith-ful-ness your shield. **D.S.**

Verse 3

3. You need not fear the ter-ror of the night, nor the

ar-row that flies by day; though thou-sands fall a-

bout you, near you it shall not come. **D.S.**

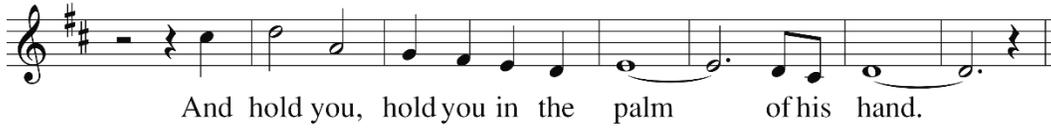
Verse 4

4. For to his an-gels he's giv-en a com-mand to

guard you in all of your ways; up-on their hands they will

bear you up, lest you dash your foot a-against a stone. **D.S.**

♩ Coda



Text: Psalm 91; Michael Joncas, b.1951  
Tune: Michael Joncas, b.1951  
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## Orate Fratres

Pray, brothers and sisters, that my sacrifice and yours may be acceptable to God, the almighty Father.

**R. May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.**

## Eucharistic Prayer

### Preface

The Lord be with you.

**R. And with your spirit.**

Lift up your hearts.

**R. We lift them up to the Lord.**

Let us give thanks to the Lord our God.

**R. It is right and just.**

## Holy

Ho - ly, Ho - ly, Ho - ly Lord God of  
hosts. Heav-en and earth are full of your glo-ry. Ho -  
san - na, ho - san - na, ho - san - na in the high-est.  
Bless-ed is he who comes in the name of the Lord. Ho -  
san - na, ho - san - na, ho - san - na in the high-est.

The musical score for 'Holy' is written in G minor (three flats) and consists of five staves. The first staff begins with a 2/4 time signature, which changes to 4/4 for the remainder of the piece. The melody is primarily composed of eighth and quarter notes, with some half notes and rests. The lyrics are placed below the notes, with hyphens indicating syllables that span across multiple notes.

## Mystery of Faith

When we eat this Bread and drink this Cup, we pro-  
claim your Death, O Lord, un - til you come a - gain.

The musical score for 'Mystery of Faith' is written in G minor (three flats) and consists of two staves. The time signature is 4/4. The melody is primarily composed of quarter and eighth notes, with some half notes and rests. The lyrics are placed below the notes, with hyphens indicating syllables that span across multiple notes.

## Amen

A - men, a - men, a -  
men. A - men, a - men, a - men.

The musical score for 'Amen' is written in G minor (three flats) and consists of two staves. The time signature is 2/4, which changes to 4/4 for the remainder of the piece. The melody is primarily composed of quarter and eighth notes, with some half notes and rests. The lyrics are placed below the notes, with hyphens indicating syllables that span across multiple notes.

## Communion Rite

The Lord's Prayer

Sign of Peace

Lamb of God

The musical score is written on a single treble clef staff in 4/4 time with a key signature of two flats (B-flat and E-flat). The melody is divided into three lines of music. The first line begins with a quarter rest, followed by a quarter note G4, a quarter note A4, a quarter note B4, and a quarter note C5. Above the first two notes are the markings 'Cantor' and 'All'. The second line starts with a quarter note G4, a quarter note A4, a quarter note B4, and a quarter note C5, followed by a quarter rest, a quarter note G4, a quarter note A4, a quarter note B4, and a quarter note C5. Above the first two notes are the markings 'Cantor' and 'All'. The third line begins with a quarter note G4, a quarter note A4, a quarter note B4, and a quarter note C5, followed by a quarter note G4, a quarter note A4, a quarter note B4, and a quarter note C5. The lyrics are: 'Lamb of God, you take a-way the sins of the world, have mer-cy on us. Lamb of God, you take a-way the sins of the world, grant us peace.'

Lamb of God, you take a-way the sins of the world, have  
mer-cy on us. Lamb of God, you take a-way the  
sins of the world, grant us peace.

## Communion

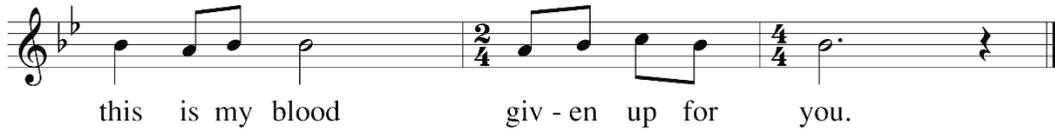
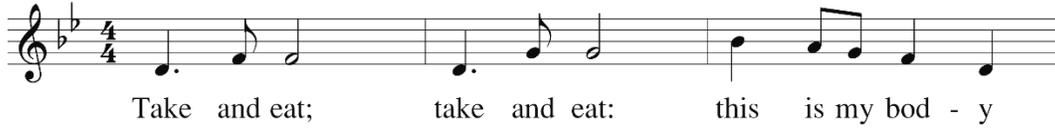
Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

**R. Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.**

# Communion Chant

## Take and Eat

### Refrain



### Verses



1. I am the Word that spoke and light was made;
2. I am the way that leads the ex - ile home;
3. I am the Lamb that takes a - way your sin;
4. I am the cor - ner - stone that God has laid;
5. I am the light that came in - to the world;
6. I am the first and last, the Liv - ing One;



- I am the seed that died to be re - born;  
I am the truth that sets the cap - tive free;  
I am the gate that guards you night and day;  
A cho - sen stone and pre - cious in his eyes;  
I am the light that dark - ness can - not hide;  
I am the Lord who died that you might live;



I am the bread that comes from heav'n a - bove;  
I am the life that rais - es up the dead;  
You are my flock: you know the shep-herd's voice;  
You are God's dwell - ing place, on me you rest;  
I am the morn - ing star that nev - er sets;  
I am the bride-groom, this my wed - ding song;



I am the vine that fills your cup with joy.  
I am your peace, true peace my gift to you.  
You are my own: your ran - som is my blood.  
Like liv - ing stones, a tem - ple for God's praise.  
Lift up your face, in you my light will shine.  
You are my bride, come to the mar - riage feast.

Text: Verse text, James Quinn, SJ, 1919–2010, © 1989. Used by permission of Selah Publishing Co., Inc.; refrain text, Michael Joncas, b.1951, © 1989, GIA Publications, Inc.  
Tune: Michael Joncas, b.1951, © 1989, GIA Publications, Inc.

## Prayer after Communion

## Concluding Rite

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### Greeting & Blessing

The Lord be with you.

**R. And with your spirit.**

May almighty God bless you, the Father, and the Son, ✠ and  
the Holy Spirit.

**R. Amen.**

Go in peace.

**R. Thanks be to God.**

## Closing Song

### Make Me A Channel of Your Peace (Prayer of Saint Francis)

Verses 1, 2, 4



1. Make me a chan - nel of your peace. Where  
2. Make me a chan - nel of your peace. Where  
4. Make me a chan - nel of your peace. It



there is ha - tred, let me bring your love. Where  
there's de - spair in life, let me bring hope. Where  
is in par - don - ing that we are par - doned, in



there is in - ju - ry, your par - don, Lord, And  
there is dark - ness, on - ly light, And  
giv - ing of our - selves that we re - ceive, and in



where there's doubt, true faith in you.  
where there's sad - ness, ev - er joy.  
dy - ing that we're born to e - ter - nal life.

Verse 3



3. Oh, Mas - ter, grant that I may nev - er seek So much to be con -



soled as to con - sole. To be un - der - stood as to un - der -





Reverend Mathew Vettath Joseph, S.D.V., Parochial Administrator  
Reverend Cyril Mary Adim Offiong, S.D.V., Parochial Vicar

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#### **ACKNOWLEDGEMENTS**

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**Kyrie, Gloria, Holy, Mystery, Amen & Lamb of God from *Mass of Wisdom***, Steven Janco © 2010, World Library Publications.