

# Saintly Reflection (Assignment)

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For Confirmation, you will be using the name that was given to you at Baptism for your Confirmation name. Confirmation brings us into the fullness of our Baptismal Call and is a renewal of our Baptismal promises that your parents made on your behalf when you were a baby.

Even though you are using your Baptismal name for Confirmation, we are asking you to choose a Saint that you admire, are close to, or would like to emulate. We would like you to explore how this saint offers you witness to walk more closely with Christ.

Reflection Guidelines:

- Find out if you were named after a beloved family member or a favorite saint.
- Find out who your patron saint is and tell us about his or her life.
- What did they do with their lives that made them worthy of sainthood?
- Why did you select this person as a role model for the Confirmation process?

Pray, reflect, and let the Holy Spirit guide you in your search.

This reflection should be at least 1 page in length and you are encouraged to include either a symbol or depiction of the saint. It can be neatly handwritten or typed. Be sure to put your name on the top of the paper or on the cover sheet. This assignment is a personal reflection paper. It is not a research paper, however, you are expected to use reliable sources for your information about the particular saint. At the end of your paper, please include a reference list of any sources that you have used. Use Internet resources with caution, as they are sometimes unreliable. Check with your catechists about some of the approved sites.